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(54) Title: USE OF SPERMINE AND/OR SPERMIDINE AGAINST SKIN AGETING IN DIETARY, PHARMACEUTICAL OR  
COSMETIC COMPOSITIONS

(57) Abstract: The invention concerns the use of spermine and spermidine as active ingredients in the preparation of a composition  
for dietary, pharmaceutical or cosmetic use in humans for health and beauty of the skin and skin appendages, and related compositions  
for pharmaceutical or dietary or cosmetic use for administration to humans.

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